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வெளிநாட்டுவளங்களுக்களம்
Department of External Resources

இதே தி அமைச்சு

මහලේකම් කාර්යාලය (3වැනි මහල), න.පෙ. 277, කොළඹ 00100, ශ්‍රී ලංකාව

நிதி அமைச்சு

செயலகம் (3ஆம் மாடி), த. பெ. இல. 277, கொழும்பு 00100, இலங்கை

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Ministry of Finance

The Secretariat (3rd Floor), -P.O. Box 277, Colombo 00100, Sri Lanka

Web Site: www.erd.gov.lk

e-mail: info@erd.gov.lk

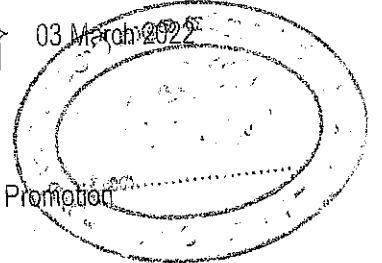
මගේ අංකය
எனது இல
My No

TA/ITEC/INDIA/S/11

මගේ අංකය
உமது இல
Your No

දිනය
திகதி
Date

03 March 2022



- Secretary / Ministry of Buddhasasana, Religious & Cultural Affairs
- Secretary / Ministry of Education
- Secretary / State Ministry of National Heritage, Performing Arts and Rural Arts Promotion
- Secretary / State Ministry of Dhamma Schools, Pirivenas & Bikkhu Education
- Secretary / State Ministry of Provincial Councils & Local Government Affairs

Attn: Officer In-Charge Foreign Trainings

Dear Sir/Madam

E-ITEC: Buddha's Path of Liberation
- From 23rd to 27th March 2022 (Online)

The Government of India has invited nominations from the eligible Government officials for the above online programme. The programme details are enclosed.

We would highly appreciate, if you could instruct the relevant officials to circulate this programme among the Departments/ Divisions/ Institutes under your purview and submit nominations from each ministry to the Department of External Resources (ERD) with the following documents on or **before 15th March 2022**.

- Nomination Letter (from the relevant Ministry)
- Duly Filled Application Form
- ERD Form (can be downloaded from www.erd.gov.lk)

The online registration is available at <https://www.itecgoi.in/index> and applicants are strongly advised to register as early as possible. (For further enquiries please contact following officers of Technical Assistance Division; Ms. M.R.C.K. Senanayake, Deputy Director – 0112484703 or Ms. Darshika Madurapperuma, Development Officer – 0112484995)

Your early response in this regard is highly appreciated

Yours faithfully

Udeni Udugahapattuwa
Additional Director General
for Director General

Copy to Chairman
University Grant Commission

I send applications with your recommendation
through the Departmental Ministry

Additional Director General

011-2484693

Office

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e-ITEC Courses Conducted by VRI in Collaboration with ITEC

Name of the Course - **Buddha's Path of Liberation**

Dates – **23rd March to 27th March 2022** (Wednesday to Sunday)

Time – **7:00 to 10:00pm IST** (Indian Standard Time)

Contents:

- 1) Life story of Buddha - Two lectures
 - 2) Teachings of Buddha – Theory - Two lectures
 - 3) Introduction to Anapana Meditation - One lecture
 - 4) Introduction to Vipassana Meditation One lecture
 - 5) Introduction to Buddha's words: Tipitika - Two Lectures
 - 6) Spread of Dhamma - One lecture
 - 7) Vipassana and Research: Physical & Mental health - One lecture
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